

**PFA for COVID-19 training**

**Activity 17: Role plays**

**You will now have a chance to practise your newly learnt PFA skills in groups of three.**

1. One person will be the PFA helper
2. One person will be in distress
3. One person will observe and give feedback

You have 3 x 4 minutes for this activity. Each set can be divided like this:

* 1 minute for role allocation and preparation.
* 2 minutes for PFA practise
* 1 minute for feedback

**When giving feedback follow these steps:**

1. What did the helper do well?

2. What can they improve next time?

3. End with an overall positive comment.

After 4 minutes**, switch** case study and **switch** roles. At the end of the activity, everyone has had a chance to be in each role.

**Case study 1:**

You are working as RC volunteer on a hotline. A young mother/father calls you in distress because they have just heard a teacher at their child’s preschool has COVID19. Their child has asthma, and the mother/father is panicking because they think their child may become infected and die.

**Case study 2:**

Your colleague/friend calls you in distress as they have just discovered their partner is having an affair.

**Case study 3:**

Your friend calls you in distress as they have just heard the news a close relative was infected with COVID19 and died.